

# CHITWAN VALLEY FAMILY STUDY

International Labor Migration, Armed Conflict and Dementia Risk  
in Nepal: A Population Study (R01- AG074079)

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# CVFS

## Basic Overview

- Chitwan Valley - Nepal
- Baseline: 2024
- Surviving adults from the Chitwan Valley Family Study

## Study Population

- N=4,000 (target sample size)
- Age:  $\geq 50$
- Data collection: 2024 & 2026

# CVFS - Domains



## Study Design

- Survey mode
  - In-person interviews
  - Anthropometrics
  - Blood sample
- What type of information are you collecting?
  - Demographic vars
  - Socio-economic vars
  - **Cognition/dementia**
  - Int labor migration
  - **Exposure to war & conflict**
  - Caregiving
  - Health risk factors
  - Physical & mental health
  - Disability/physical function

## Biomarkers

- What tissues are you planning to collect?
  - Venous blood
- What assays are you planning?
  - Cardiometabolic panel
  - ADRD biomarkers & genotypes
- Which are you interested in collecting in future?

## Additional info

# Timeline

