

LSaha

Lebanon Study on Aging and HeAlth

مطالعة كبارنا

Dementia and Related Health and Social Challenges in Lebanon:
A Population Study - NIH (NIA) R01- AG069016

GEORGETOWN
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LSAHA

Basic Overview

- Lebanon – MENA
- Baseline: 2023
- Random Probability Sample from two areas: Beirut, Zahle/Southern Beqaa

Study Population

- N=3,000 (target sample size)
- Age: ≥ 60 (max 2/household)
- July – October 2023

LSAHA- Domains



Study Design

- Survey mode
 - In-person interviews
 - Anthropometrics
 - Blood sample
- What type of information are you collecting?
 - Demographic vars
 - Socio-economic vars
 - **Cognition**
 - **Exposure to war & conflict**
 - **Caregiving**
 - Health risk factors
 - Physical & mental health
 - Disability/physical function
 - Social networks & support
 - Neighborhood conditions

Biomarkers

- What tissues are you planning to collect?
 - Venous blood
- What assays are you planning?
 - Lipids, HbA1c
 - ADRD biomarkers & genotypes
- Which are you interested in collecting in future?

Additional info

Timeline

